



# GOSHINKAN GRADING KATA



## SHODAN, 1<sup>ST</sup> DAN BLACK BELT

**Kanku Dai**

*Viewing the Sky*

## 1<sup>ST</sup> KYU, BROWN BELT WITH 2 WHITE STRIPES

**Enpi**

*Flight of the Swallow*

## 2<sup>ND</sup> KYU, BROWN BELT WITH WHITE STRIPE

**Bassai Dai**

*To Storm a Fortress*

## 3<sup>RD</sup> KYU, BROWN BELT

**Tekki Shodan**

*Horse Riding, Level 1*

## 4<sup>TH</sup> KYU, PURPLE BELT

**Heian Godan**

*Peaceful Mind, Level 5*

## 5<sup>TH</sup> KYU, BLUE BELT

**Heian Yondan**

*Peaceful Mind, Level 4*

## 6<sup>TH</sup> KYU, GREEN BELT

**Heian Sandan**

*Peaceful Mind, Level 3*

## 7<sup>TH</sup> KYU, ORANGE BELT

**Heian Nidan**

*Peaceful Mind, Level 2*

## 8<sup>TH</sup> KYU, YELLOW BELT

**Heian Shodan**

*Peaceful Mind, Level 1*

## 9<sup>TH</sup> KYU, RED BELT

**Kihon**

*First Level*